

# Have a Hart

Esthetician Lori Hart proves that turning back time on your face doesn't have to include surgery

BY KORINA JOCHIM

**I FIRST MET LORI HART AT A RATHER DROLL BEAUTY** event one sultry afternoon in May. Ambling toward a table crowded with more shades of color than I'd ever imagined, I thought to myself, "Self, five minutes and you're out of here." Lori grabbed my hand, asked what I was wearing on my face, clucked in disapproval at the answer, and sat me down in her chair. In her animat- →



Lori Hart with a client

ed fashion, Lori went on to tell me all about her botched liposuction many years ago, and how that inspired her to go the all-natural route henceforth. She was thrilled to discover that I worked for a gay men’s magazine, and brought out all her favorite anti-aging gadgets and devices. Rather than slathering my face with greasy creams, Lori’s arsenal proved to be more technology-based, and, intrigued, I accepted an invitation to her facial spa in Marina Del Rey.

When I arrived at the appointed time, I was greeted by show tunes, which played all during my treatment in Lori’s queenly salon. A native New Yorker and longtime makeup artist, with decades of experience in Hollywood, Lori in her 50s has baby-soft, fine skin with nary a wrinkle in sight. She opened up a photo book, pointing to a series of pictures of herself in her 30s. I squinted. Yep, her skin looks far better now.

So what is her secret? Mainly, two devices created in Japan—Charme and Revenir—which deliver a fine, watery mist that imparts low-pH acidic water and electrolyzed vitamin C, respectively. I was spritzed many times during my visit, while Lori extolled the virtues of each system: Charme has antimicrobial properties, killing bacteria and viruses on the skin or any surface, and is especially good for skin conditions like acne. Revenir goes to work on wrinkles and hyperpigmentation—those pesky sunspots that so many of us in Southern California battle.

After I nestled into the world’s most comfortable esthetician’s table, I practically dropped off as Lori worked her magic. Because she is against invasive procedures that harm the skin or cause any pain, Lori’s facial treatments are quite pleasant. I received the micro-current therapy, which is a series little electronic impulses that tone skin; the triple-treatment oxygen facial, which is a gentle facial treatment followed by a few minutes under an oxygen mask; and a NuFace treatment, which is a fantastic facial massage with a device that has two metal balls at the end, coolly imparting micro-currents and toning the skin and facial muscles. Now, I’m no hag, but when I looked in the mirror after Lori’s treatment I was pleasantly shocked at how youthful, firm, and glowing my face was. Unlike other facials, the effects lasted weeks rather than hours.

Lori also carries an all-natural line of men’s grooming products called IntelliGents, and mixes her own line of mineral makeup. Minerals are so sheer and cover so much (including sunspots, acne, and discolorations) that they even work great for men (I know you guys are jealous that we girls get to cover our flaws—now you can too!). Hanging with Lori for the day was like being treated by the fairy godmother of beauty, and I will definitely be back, because Botox is not on the menu for me.

**For more information and to make an appointment, see [www.lori-hart.com](http://www.lori-hart.com).**

# Plastic Surgery Online

A few Web resources you might find helpful and enlightening

## **My Cosmetic Surgery Advisor**

**[www.mycosmeticsurgeryadvisor.org](http://www.mycosmeticsurgeryadvisor.org)**

A nonprofit consumer-information site on plastic surgery that does the homework for you, from the 411 on doctors and specialists to very useful 3-D images and explanations of the various procedures. Invaluable!

## **American Board of Plastic Surgery, Inc.**

**[www.abplsurg.org](http://www.abplsurg.org)**

Find out if the doctor you are interested in is board-certified by the ABPS, which has stringent guidelines and “certifies in the full spectrum of the specialty of plastic surgery of the entire body—that is, plastic and reconstructive surgery of the head and neck, trunk and extremities,” according to the site.

## **American Board of Medical Specialties**

**[www.abms.org](http://www.abms.org)**

The umbrella organization of ABPS informs consumers as to whether a doctor is trained in his or her specialty and meets certain standards.

## **American Society of Plastic Surgeons**

**[www.plasticsurgery.org](http://www.plasticsurgery.org)**

and

## **American Society for Aesthetic Plastic Surgery**

**[www.surgery.org](http://www.surgery.org)**

Both recommended by the ABPS as good sources for information about specific procedures.

## **Federation of State Medical Boards**

**[www.fsmb.org](http://www.fsmb.org)**

On this site you can find a link to your state’s medical board, and check to see if your doctor has had any complaints or lawsuits filed against him or her.

—K.J.